

Train the Trainer in Tobacco Treatment (T4) - Frequently Asked Questions

What will I be qualified to teach after completing the T4 program?

At the completion of the Train the Trainer program participants will become Certified UMass TTS Trainers. Certified Trainers are eligible to coordinate and deliver the internationally recognized 4-day UMass Tobacco Treatment Specialist Core Training as well as the UMass Basic Skills for Working with Smokers 2-day training using UMass materials and presentations. You may also adapt materials in order to implement briefer programs, such as organization in-services.

How are TTS Core Trainings run by Certified UMass TTS Trainers different from those run by CTTTR?

From the participant's point of view there is no difference; Certified Trainers use the UMass/CTTTR manual, handouts and presentation slides and notes. Participants who complete the Core Training and pass the final test are eligible to become Certified Tobacco Treatment Specialists and will be listed in the UMass TTS database.

What are the benefits of becoming a Certified UMass TTS Trainer?

Our 2-day intensive training aims to increase the knowledge and skills needed to implement the UMass trainings at sites of your choosing. Implementing your own TTS Trainings may give you added flexibility in that training dates can be spread out over a period of time instead of scheduling all of the training modules over 4 consecutive days. Depending upon your geographic location or organizational needs you may be able to train a larger number of staff within your organization or partner organizations than could attend a Worcester-based training.

I was trained as a TTS through another program. Can I still participate in the Train the Trainer training?

All participants must complete both the UMass/CTTTR Basic Skills for Working with Smokers and Tobacco Treatment Specialist trainings before attending the Train the Trainer training. Certified UMass Trainers will be delivering the UMass Basic Skills and TTS trainings, and going through these trainings as a participant allows you to see how the training is organized and presented before implementing your own.

My own organization would not be interested in hosting tobacco treatment trainings, but one of our partner organizations has agreed to send me to the training because they wish to host trainings. Can I still participate?

Yes, you may participate in the training as long as you are affiliated with a non-profit agency wishing to train local health care providers or a health care/social service agency wishing to train employees. This can include an agency which your own workplace routinely partners with on programming.

What types of training activities will this program include?

Participants will have an opportunity to practice facilitating the activities used in the TTS Core Training. We also review the logistics of planning and implementing training, including the responsibilities of the Trainer and of CTTRT. Please note: although the TTS Core Training agenda is reviewed, this program does not focus on the material covered during that training. Rather, our focus is on increasing the skills and confidence of participants to implement the TTS Core Training at sites of their choosing.

I have been providing tobacco treatment services for many years. What other experience is required to be considered for the T4 Program?

You must have experience in providing training or academic education. This program will focus on the details of the UMass TTS Core Training, with only minimal review of effective teaching skills.

For a sample agenda of the Train the Trainers program, please [click here](#).